

Patient information leaflet

Please read this information leaflet carefully before you take or use the medicine. This medicine has been prescribed for your personal use and you must not pass it on to anyone else. The medicine could be harmful to them even if they have the same symptoms as you. Keep this information leaflet - you may wish to read it again later.

Amlodipine-CIMEX

What is Amlodipine-CIMEX and when is it used?

When prescribed by a doctor.

Amlodipine-CIMEX can be used alone or in combination with other antihypertensive drugs (drugs that lower blood pressure) to treat blood pressure that is too high. The blood pressure is lowered slowly after a tablet is taken, and therefore there will not be a sudden excessive drop in blood pressure. One tablet a day is enough to lower your blood pressure for a period of 24 hours. Amlodipine-CIMEX is used alone or together with other medicines to treat oxygen deficiency of the heart muscle, known as angina pectoris. Taking Amlodipine-CIMEX once a day increases the length of time your heart can work harder and reduces the number of angina pectoris attacks.

When must Amlodipine-CIMEX not be used?

Amlodipine-CIMEX must not be taken if you are hypersensitive (allergic) to the active substance of the preparation, to one of the non-active ingredients or to other dihydropyridines.

In what circumstances is caution necessary when taking Amlodipine-CIMEX?

This medicine may impair your reactions, your fitness to drive and your capability to use tools or operate machinery, on account of its possible side-effects.

Grapefruit juice contains one or more components which reduce the metabolism of certain medicines including Amlodipine-CIMEX. If you are taking Amlodipine-CIMEX, you should avoid consuming large quantities of grapefruit juice (more than 1 litre a day); normal quantities (one 250 ml glassful a day) are unlikely to give rise to problems.

Tell your doctor or pharmacist if you are suffering from any other illnesses, especially liver disease, have any allergies or if you are taking or applying externally any other medicines (including those you may have bought yourself!).

Can Amlodipine-CIMEX be taken during pregnancy or when breast-feeding?

In general Amlodipine-CIMEX should not be taken during pregnancy. Tell your doctor if you are pregnant or want to become pregnant. Only your doctor can decide in very specific circumstances if you may nevertheless take Amlodipine-CIMEX.

You must not breast-feed during treatment with Amlodipine-CIMEX.

How do you use Amlodipine-CIMEX?

Unless your doctor has prescribed otherwise, you should initially take one Amlodipine-CIMEX 5 tablet (5 mg of amlodipine) once a day. Your doctor will decide if you should increase the daily dose up to a maximum dose of 10 mg.

If you have taken an overdose of Amlodipine-CIMEX, you must seek medical care immediately.

Do not change the prescribed dosage yourself without asking a

doctor or pharmacist. If you believe that the medicine is not powerful enough or is too strong, talk to your doctor or pharmacist.

What side-effects may Amlodipine-CIMEX have?

The following side-effects may occur when taking

Amlodipine-CIMEX:

Very common: oedema (accumulation of water in body tissues).

Common: headaches, dizziness, tiredness, drowsiness, nausea, abdominal pains, reddening of the face, palpitations.

Uncommon: sleeplessness, altered moods, tremor, impaired sense of taste, fainting, diminished sensitivity to sensory stimuli, unpleasant sensations on the skin (formication), disturbed vision, tinnitus (sounds in the ears), blood pressure too low, difficulty breathing, running or blocked nose, vomiting, disturbed digestion, changes in usual bowel movements, dry mouth, hair loss, skin discoloration, increased sweating, skin rash, itching, pains in joints, muscles and back, muscle cramps, disturbed urination, increased or night-time urination, impotence, enlarged mammary glands, loss of strength, pain, indisposition, weight gain or loss. Allergic reactions including skin rashes, sensitivity to light and swelling in the face have also been observed occasionally. In this case, therapy must be stopped and a doctor consulted immediately.

Very rare: Muscular stiffness or tension, diseases of the nerves in the limbs, inflammatory reactions of the small blood vessels, coughing, inflammation of the mucous membranes of the stomach, gum proliferation, liver problems (hepatitis, jaundice) or problems affecting the pancreas.

You should tell your doctor if you are suffering from any of the above side-effects or other unwanted effects.

If you notice any side-effects that are not described here, you should tell your doctor or pharmacist.

What else must I be aware of?

Amlodipine-CIMEX must be stored at room temperature (15-25 °C), protected from light, in its original pack and out of the reach of children.

Amlodipine-CIMEX must not be used after the date shown on the container beside the letters "EXP".

Your doctor or pharmacist can give you further information. They have detailed information for specialists.

What does Amlodipine-CIMEX contain?

1 tablet contains either 5 mg or 10 mg of amlodipine in the form of amlodipine besilate.

Non-active ingredients: povidone K 30, microcrystalline cellulose (E 460), calcium hydrogen phosphate (E 341), crospovidone, magnesium stearate (E 470b).

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57607 (Swissmedic)

Where can Amlodipine-CIMEX be obtained?

What pack sizes are available?

In pharmacies, only when prescribed by a doctor.

Amlodipine-CIMEX 5: 30 and 100 tablets of 5 mg (no break-bar).

Amlodipine-CIMEX 10: 30 and 100 tablets of 10 mg (break-bar).

Authorisation holder

CIMEX AG, Liesberg.

This information leaflet was last examined by the medicines authority (Swissmedic) in **January 2007**.